

**Time table of Yoga/Games for Students**

<b>Day</b>	<b>Department</b>	<b>Time</b>	<b>Topic</b>
Mon	FST	9:10 - 10	Yoga / Health
Tue	FOL	5:10 - 6	Yoga / Health
Wed	FOL	5:10 - 6	Indoor games
Thu	FMS	12:10 - 1	Yoga / Health
Fri	FMS	4:10 - 5	Indoor games