

**Name:** Prof. Susmita Biswas  
**Designation:** Assistant Professor  
**Branch:** Clinical Psychology



**Educational Qualification(s):**

Qualification(s)	University
Bachelor of Science (Hons.) Psychology	Calcutta University, Vidyasagar College.
Master of Science (Applied Psychology)	Calcutta University, University College of Science, Technology and Agriculture.
Master's in Philosophy(Clinical Psychology)	Department of Clinical Psychology, Institute of Psychiatry, A Centre of Excellence, Kolkata.

**Experience in years:**

Academic: **1 year**

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1.	Mother International School, Konnagar, West Bengal	Psychology teacher to Higher Secondary class	March,2020	February, 2021

Industrial: **1.5 years**

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1.	Little Wings Child Development Centre, Madhapur, Hyderabad	Clinical Psychologist	October, 2023	March, 2024
2.	Indian Institute of Technology, Roorkee, Uttarakhand	Clinical Psychologist	April, 2024	April,2025

**Other Information:**

a) Publication details.

(b) Details of Seminar/Workshop/Conference.

- Paper presented on Bengali adaptation and standardization of a psychometric test to identify and differentiate mental health morbidity in general adult population” at 3<sup>rd</sup> Annual National Conference of Society for Addiction Psychology on June,2024
- Dissertation On “Bengali adaptation and standardization of a psychometric test to identify and differentiate mental health morbidity in general adult population” under Dr. Prasanta Kumar Roy, HOD and Assistant Professor at Department of Clinical Psychology, Institute of Psychiatry, COE, Kolkata, 2023
- Dissertation on “A comparative study to assess stress, anxiety self-esteem and coping mechanism Between Trained Rabindrasangeet musicians and untrained control group both male and female” under Dr. Ushri Sengupta, Assistant Professor at department of Applied Psychology, Calcutta university, 2019

### Offline/Onlinecourse&workshop

- Five day online certificate course on Emotion Focused Therapy Seven-day online Certificate course on organized by Connect and Restore on March,2025
- Rational Emotive Behaviour therapy and Alternative Medicine techniques from Dr. Gauri Row Kavi organized by Rashtriya Raksha University on June,2024
- Five-day online certificate course on Trauma informed approaches to psychological interventions organized by Connect and Restore on May,2024
- 10day offline Certificate course on “Basic and Advanced Play Therapy and Parental Guidance” From Jolly Laha Institution of Play Therapy, Kolkata, Septembar,2023.
- 40hoursonlinecertificatecourseon“Tranceformationworkshop-AholisticStressManagement and Self-Development” by Dr. B. M. Palan, May 2023
- Onlineworkshopon“IntroductiontoMindfulnessBasedCognitiveTherapy”organizedby Therapheal,March2023
- Offlineworkshopon“SuicidePrevention”organizedbyCalcuttaNationalmedicalHospital,2020
- Onlineworkshopon“Understandingthebehaviourofthewhite-collarcriminals”organizedby RotaractClub,Kolkata,2020
- Onlineworkshopon“DreamAnalysis-understandingyourdreams”organizedbyRotaractClub,

Kolkata, 2020

- Onlineworkshopon“Arttherapy”,organizedbyRotaractClub,Kolkata, 2020
- 5dayFDPon“MentalHealthandPsychotherapy-postCovid19”(online)organizedby Department of clinical psychology, Amity University, Kolkata, May 2020
- AdvancedGraphologycertificateoffline course, Shikhaniketan, Kolkata, 2018-2019

### **Workshops/Conferences/CRE(attained)**

- Two-day national CRE conference on Breaking the chain: Innovative Approaches in Addiction Psychology at 3<sup>rd</sup> Annual National Conference of Society for Addiction Psychology on June, 2024
- Two-day National CRE conference On Autism Spectrum Disorders: The Autism ODYSSEY Challenges and opportunities across lifespan at National Institute For The Empowerment Of Persons With Intellectual Disabilities, Secunderabad on March, 2024
- Two-day Zonal CRE workshop on Psychological Management of Obsessive Compulsive and Related Disorders by Dr. Paul Salkovskis at Institute of Psychiatry Ipgme&R, Kolkata on March, 2024
- Four-day CRE and workshops on “Mental health for a changing world: new challenges and opportunities” at 1<sup>st</sup> National Annual Conference of Clinical Psychology Society of India in association with Department of Clinical Psychology, NIMHANS from 9<sup>h</sup> to 12<sup>th</sup> August, 2023
- Two-day workshops on “Gestalt Psychotherapy in action” by Dr. Sam Manickam, organized by Department of Clinical Psychology, Institute of Psychiatry, A Centre of Excellence, Kolkata, May 2023
- Three-day CRE & workshops on “Behavioural Medicine- Assessment and Management Approach” organized by Department of Clinical Psychology, Institute of Psychiatry, A Centre of Excellence, Kolkata, February 2023
- Virtual symposium on “Behavioural Medicine: Understanding the relationship between health and illness” organized by Behavioural Medicine Unit, Department of Clinical Psychology, NIMHANS, Bangalore, January 2023
- Workshop on “Introduction to Hypnosis” & “Hypnosis in management of psychosomatic problems” by Dr. B.M. Palan at 1<sup>st</sup> International Conference of Academy of Hypnosis at Vadodara, Gujarat, February 2023
- Two-day Conference at 1<sup>st</sup> International Conference of Academy of Hypnosis

satVadodara,Gujarat, February 2023

- Two-day Workshop on “Solution Focused Brief Therapy” organized by Department of Pure Psychology, Calcutta University, University College of Science, Technology and Agriculture, 2019