

**Name:** Prof. Tapasjit Rajkumar  
**Designation:** Assistant Professor  
**Branch:** Physical Education and Yoga  
**Educational Qualification(s):**



Qualification(s)	University
B.A	Tripura University
Bachelor in Physical Education (B.P.Ed)	Regional College of Physical Education, Panisagar (Tripura University)
Master in Physical Education	Manipur University (A central university)

**Others Qualification:**

Black belt 1<sup>st</sup> Dan in Thang-Ta Martial Arts (Indian Martial Arts)

**Experience in years:**

Academic: 6 years

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1.	ICFAI University, Tripura	Guest Lecturer	Sep. 2016	May, 2017
2.	IASE, Agartala	Guest Lecturer	Feb. 2017	June 2017
3.	ICFAI University Tripura	Assistant Professor	Since June 2017	

**Other Information:**

**a) Publication details.**

- i. "An Outline of Thang-Ta, Manipuri Martial Art" National Seminar on New Challenges of Physical Education and Sports Science in the 21st Century, ISBN/ISSN: 2229-7049, Year of Publication – 2015.
- ii. "Yoga for Ideal and Peak Performance in Sports" International Journal of Yoga, Physiotherapy and Physical Education, ISBN/ISSN: 2456-5067, UGC reference no: 44415, Impact Factors: 5.24. Year of Publication-2017.
- iii. "Acquiring Mental Peace in tune to Patanjali Yoga Sutra" International Journal of Yoga, Physiotherapy and Physical Education, ISBN/ISSN: 2456-5067, UGC reference no: 44415, Impact Factors: 5.24. Year of Publication-2017.
- iv. "Evolution Of Thang-Ta Sports In Tripura: A Case Study" International Journal For Innovative Research In Multidisciplinary Field: ISSN 2455-0620, 17 July – 2020

Monthly, Peer-Reviewed, Refereed, Indexed Journal with IC Value: 86.87 Impact Factor: 6.497 Publication Date: 31/07/2020

**(b) Details of Seminar/Workshop/Conference.**

- i. Paper presented on the topic “An Outline of Thang-Ta, Manipuri Martial Art” in 3 Days National Seminar on NEW CHALLENGES OF PHYSICAL EDUCATION AND SPORTS SCIENCE IN THE 21ST CENTURY in 2015 at Manipur University.
- ii. Paper presented on the topic “Yoga for Ideal and Peak Performance” in State level Seminar on “Yoga: Philosophical and Contemporary Perspectives” in 2017 at Michal Madhusudan Datta College, Sabroom, South Tripura.
- iii. Paper presented on the topic “Comparative Study of Selected Motor fitness Components between Thang-Ta and Fencing Players of Manipur” in Two Days National Seminar on REACHING THE UNREACHED THROUGH SCIENCE AND TECHNOLOGY organized by ISCA, Dharmanagar Chapter in association with Government Degree College, Dharmanagar, North Tripura in 2018.

**(c). Professional membership of reputed bodies if any.**

- i. Selected as a Technical Official of 4<sup>th</sup> Edition Khelo India Youth Games 2021, Haryana.
- ii. Member of Thang-Ta Federation of India.
- iii. Secretary, All Tripura Thang-Ta Association.