

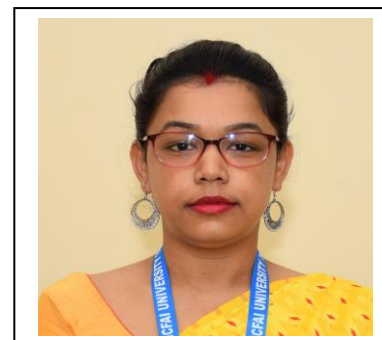
Faculty Profile

Department: Physical Education & Yoga

Name: Mrs. Ranjana Sinha

Designation: Assistant Professor

Branch: FOPE&Y



Educational Qualification(s):

Qualification(s)	University
Bachelor of Arts	Tripura University
Bachelor of Physical Education	Tripura University
Master's in Physical Education	Tripura University
Master's in Yogic Science	SVYASA Yoga University
Post Graduate Diploma in Yoga	Kaivalyadhama Yoga Institute
Yoga Instructor Course	VYASA Yoga University

Experience in years:

Academic :

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1	ICFAI University Tripura	Assistant Professor	03/10/2016	Till Date
2	Kaivalyadhama Yoga Institute	Yoga Teacher	01.01.2016	30.09.2016

Industrial:

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To

Other Information:

- a) Publication details.
- b) Details of Seminar/Workshop/Conference.

Seminar:

1. National Seminar on New Challenges of Physical Education October 29 to 31, 2015 at Manipur University Dept. of Physical Education and Sports Science (NAPESS). ISSN: 2229-7049. **Topic: "Attitude of government school Headmaster's towards Yoga in Tripura State"**.
2. International Seminar on Women Empowerment through Self Help Group (SHG) in India, February 9 & 10, 2017 at ICFAI University Tripura Dept. of Management Studies **Topic: "Role of Yoga in women's empowerment"**
3. Attended as Resource Person in the "State level Seminar on Yoga & Naturopathy" jointly organized by Regional Research institute, for Homeopathy, Khumulwng, West Tripura (RRIH) & Central Council for Research in Yoga and Naturopathy, from 25th to 27th May 2018 **Topic: "Obstructing & Facilitating Factors in the Path of Yoga"**

Workshop:

1. Attended as Yoga Expert in the International Workshop-cum-Seminar on Different Asian Schools of Raja Yoga for human Excellence jointly organized by Ritambhara Prajna & Dept. of Sanskrit Jadavpur University, Kolkata held from 3rd to 5th January 2020.
2. Conducted 3 days Yoga workshop. On this occasion one Rhythmic Yoga Demonstration was given by Mr. Shambhu Chakraborty, which was followed by a short Speech on Yoga by Dr. Ashim Bose
3. Attended 3 days Workshop on Curriculum framework of Teacher Education for Faculty members of Education/Teacher Educators organized by Faculty of Education, 25th-27th July, 2018
4. Yoga Practice session was then conducted by Prof. Ranjana Sinha (HOD of Dept. Of Yogic Science) with the support of all faculties of Yogic Science & PGDY Students from 18th - 20th June from 4:30pm to 5:30pm at laboratory in ICFAI University, Tripura campus.